First Name: _____ Last Name: _____

# Cuthbertson Middle School Band Practice Record

*Practice Records are part of student grades! This is why our bands sound so good year after year.*

**Step 1. <u>Record your minutes:</u>** Write in the number of minutes you practiced each day and ask your parent to initial at the end of the week. Grade = 1 point per minute for a total of 100 minutes of total combined weekly practice time. Practice records without parent initials receive a zero. Submit on Monday in Canvas.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Parent Initials |
|---|---|---|---|---|---|---|---|
| | | | | | | | |

***Due on Mondays*** ***Goal = 100 Minutes of weekly practice time*** 🙂

**Step 2. <u>Practice Strategies:</u>** Check off the ones you used.

- ☐ Use a tuner
- ☐ Use a metronome
- ☐ Check the notes and rhythms before I play
- ☐ Check the key signature
- ☐ Clap or count the rhythm before playing
- ☐ Finger/air-play the passage silently first
- ☐ Practice one measure before and after the problem spot
- ☐ Practice backwards from the difficult measure
- ☐ Loop a difficult passage 3–5 times correctly
- ☐ Practice without stopping when I make a mistake
- ☐ Practice starting at different places in the music
- ☐ Change the rhythm to isolate difficult fingerings/positions
- ☐ Slow down the tempo to make it easier
- ☐ Mark breaths, dynamics, articulations, or other reminders
- ☐ Play along with the ensemble recording
- ☐ Perform the piece for someone else

**Step 3. <u>Complete the section below:</u>**

| EXCELLENCE ★<br>Do it accurately • make it musical | RESPONSIBILITY ✓<br>Own your practice • be prepared | GROWTH ↗<br>Notice progress • face the next challenge |
|---|---|---|

**EXCELLENCE** • What am I doing really well? _____

**GROWTH** • What are my next 1–2 musical goals?: _____

**RESPONSIBILITY** • What problem am I running into, and what will I do about it?

_____